

PARAMPARA 2024

PRANA: The healing power of music and dance

Presented by PRSSV Institute of Performing Arts and Heritage



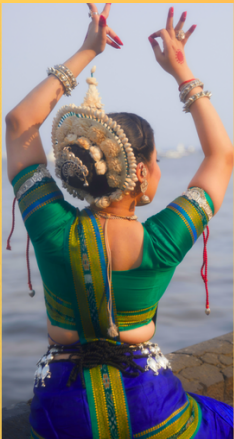
Music & Dance for All

Performing Arts Showcase and Awards Ceremony

Saturday March 23rd 2024

4:30 PM-7:30 PM

Elliott Hall, Harrow Arts Centre, Uxbridge Road, Hatch End HA5 4EA



SOUTH ASIAN MUSIC AND DANCE FUND



Music has the power to unite and uplift in ways that enrich our lives. PRSSV has set up a fund to support students of South Asian performing arts to fulfil their music and dance aspirations.

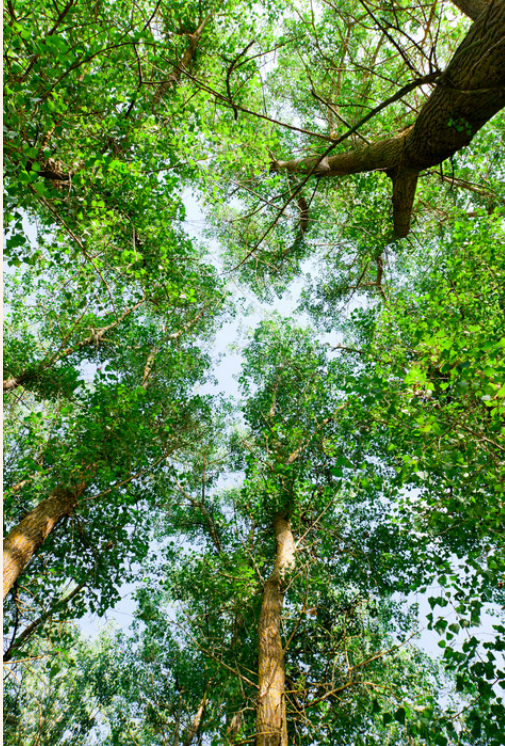
The aim of the South Asian Music fund is to support students who are passionate about learning this music, but do not have the means to do so. It will provide some financial assistance to these budding musicians in need, to purchase musical instruments or fund their learning through attending weekly lessons, workshops etc.

Did you know in UK mainstream education this rich music is not readily available as an option to students, it is mainly available as an extracurricular activity in students' own time. And did you know that there are many funds available to students of Western music and dance? We believe that this should be so for South Asian music and dance. We believe that nothing should stand in the way of talented young musicians and dancers reaching their potential. We would be delighted to receive your support.

To make a difference and donate to this cause: www.prssv.org/support-us/



PRANA - The healing power of music and dance



'Prana' is a Sanskrit term that holds profound significance in various spiritual and philosophical traditions, particularly within Hinduism and yoga. Often translated as "life force" or "vital energy," prana is believed to be the subtle, pervasive energy that sustains life and permeates the entire universe. It is considered the animating force behind all living beings, governing the breath, consciousness, and overall vitality. Understanding and harnessing prana is central to practices like pranayama (breath control) and holistic well-being, as it is thought to connect the physical body with the mind and spirit, promoting balance and harmony in one's existence.

PRSSV's PARAMPARA

Provides a major platform for our students to perform to a live audience giving them invaluable experience. It also serves as an opportunity to showcase how Indian classical music is growing momentum in the UK. PARAMPARA literally means 'proceeding from one to another' and refers to the tradition of Guru-Shishiya (Teacher-Student/Disciple) passing on knowledge and tradition through the ages.





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THE PANDIT SHARDA SAHAI AWARDS



Pt Sharda Sahai, USA (1975)

This day, 23rd March 2024 marks the 89th birthday of our founder the illustrious Pt Sharda Sahai. It is on this occasion that we mark the inception of the Pandit Sharda Sahai Awards for outstanding contribution to Global Performing Arts.

Sharda Sahai was born in Benares in 1935, a direct descendent of Pandit Ram Sahai, the founder of the Benares style ("Gharana") of Tabla playing. With the inherent gift in his blood of the finest traits of the Benares Baaj, he began at an early age to learn tabla from his father, the late Pandit Bhagvati Sahai. Following his father's demise in 1946, he became a disciple of the inimitable Pandit Kanthe Maharaj, himself a disciple of Sharda Sahai's grandfather, Pandit Baldeo Sahai.

Sharda Sahai started his professional career at the age of nine, performing both as a soloist and as an accompanist. He made his major public debut when he was sixteen, appearing at the Italee Music Conference in Calcutta with the sarod maestro Ali Akbar Khan. His professional activities in India have included appearances as soloist and accompanist at all of the important music conferences and festivals as well as performances with every major artist of North Indian classical music. He was awarded "A Grade Artist" status by All India Radio in 1965. Also in 1965 he founded the Pandit Ram Sahai Sangit Vidyalaya, an institute for training in classical music and dance, located in Benares.

Sharda Sahai has performed over one thousand concerts worldwide. His solo performances have been broadcast on All India Radio's prestigious National Program. His accompaniment experience includes every major artist of North Indian classical music- among others: sitarists Ravi Shankar, Vilayat Khan, and Nikhil Banerjee; sarodists Ali Akbar Khan and Amjad Ali Khan; violist V.G. Jog; and dancers Gopi Krishna, Birju Maharaj, and Sitara Devi.

2024 AWARDEES



CLIVE BELL



CLEM ALFORD



JAY VISVADEVA

Clive Bell, teacher, composer and leading musician who played a key role in popularising the Bansuri (Flute) in the UK passed away at the age of 84 in December 2023. He was instrumental in the development and popularising of the Bansuri in the UK throughout the last five decades. He was highly regarded for his dedication to the art form and for teaching selflessly. He also played and taught the Western flute. In London, he taught at several institutions including the Swaminarayan School (Neasden), Bhavan (West Kensington) and PRSSV Sangeet College (Harrow). He held music retreats in Portugal every summer, with an array of loyal students in which his legacy continues. His students supported him through his illness and he continued to teach and mentor until the end.

Clem Alford, teacher, composer and sitarist of the highest calibre, was born in Glasgow and called the 'Scottish Pandit' for his knowledge of the Indian classical music tradition. He has taught hundreds of people over the years in London at Bharatiya Vidya Bhavan and for Sangeet College, PRSSV. He is a graduate of Midnapore Music College in West Bengal (India) and has written a guidebook to explain his philosophy and how to play the sitar. He has composed music for films including government of India, television and has performed at major venues in Europe and India. He was one of the early pioneers of fusion of Raga with folk, jazz, rock and electronic music.

Jay Visvadeva, has played a key role in producing and curating the artistic traditions of South Asia regions in the UK for the last 50 years. Jay works in the creative arts industry through SAMA Arts Network as its Chief Executive and Artistic Director. He has curated a wide variety of Indian classical, orchestral, contemporary music including Jazz and other world music projects. The list of artists presented includes some of the greatest names in the performing arts of South Asia and other parts of the world. He has presented at many flagship venues like the Royal Albert Hall, Royal Festival Hall, Barbican Centre, working to develop an audience for South Asian classical music.


NATURAL FLAVOUR


is proud to support Parampara and have sponsored the overhead visual presentation. We wish all the students much success.

We are a pure vegan outlet, at Natural Flavour, we pride ourselves on being more than just a vegan outlet; we have a commitment to your health and the planet.

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Coffee Cake



Ganesh Sweet Modak



Vegan Plate



Sweet Desert



Smoothie



Burger

1.Introduction

Harsa Dhanjee & Anjan Saha will be compering the showcase and introducing the items and assisted by student comperes who are also participating in the showcase.

2.Tabla

LOVE OF TABLA

Description:

Performing the basics of tabla including Kayadas Paltas and Tihais

Performers-Group one: Hans Jhutti, Ishaan Matpathi, Riyan Shah

Accompanied by Group two

Performers -Group two: Aarish Mehta, Aarush Bhide, Jitendra Sheth, Pujan Halai, Shivam Punja, Tejas Patil, Vaishali Halai, Yuvraj Sheth

Teacher-Sachin Khetani

Compere-Tattva Somaiya

3.The Pandit Sharda Sahai Awards

Chief Guest - Dr. Frank Denyer, Composer, Musician, Ethnomusicologist

The Pandit Sharda Sahai Awards for Outstanding Contribution to Global Performing Arts in the UK.

Presided over by Dr Frank Denyer

Awarded to Jay Visvadeva (Producer, Curator)

4. Bansuri

(1) RAGA BRINDAVANI SARANG IN MADHYA AND DRUT TEENTAAL

Description: *Brindabani Sarang is a Kafi Thaata Raga, created by Swami Haridas. The associated mythology being that he brought Lord Krishna to earth by singing this raga who took the form of an idol which can still be seen in Mathura. This piece was composed by Sangeet's College teacher, the Late Clive Bell.*

Performers-Maayin Chotai, Param Kapadia, Tatva Somaiya.

Accompanied on tabla by Aarav Chandarana, Dhruv Patel

(2) RAGA BHIMPALASI IN TEENTAAL

Description: *A compound raga derived from Bhim and Palasi. Mythically Krishna, the cowherd boy, played this sweet melody on his flute to give a return call to all his grazing cows and cowherd friends. As such this Raga, exuding peace and assurance, is associated with homecoming.*

Students-Chiman Patel, Denish Arjan Kara, Harish Bhandari

Accompanied on tabla by Khayal Halai, Pranay Pindoria

Teacher- Prayag Kotecha

Compere-Param Kapadia

5. Carnatic Vocal - Sampradaaya

CARNATIC MELODIES

(1) Varnam-Raga: Hamsadhwani-Tala: Adi,

(2) Kriti: Brochevarevare-Raga: Sriranjani-Tala: Adi-Composer: Tyagaraja,
[Language: Telugu]

(3)Eru Mayil-Raga: Anandabhairavi-Tiruppugazh (Glory to Lord Muruga/Kartikeya-son of Shiva) [Language: Tamil]

Description:

Traditional compositions composed between the 15th to 19th century will be presented accompanied by Violin and Mridangam.

Teacher: Students of Sampradaaya

6.Kathak

(1) SHRI RAM CHANDRA

Description:

This Stuti (lyric poem) is dedicated to Lord Ram. Reciting Shri Ram Stuti combined with breathing exercises reduces stress and improves concentration and focus. Regular recitation enhances overall health.

Performers-Akshara Saragadam, Arohi Jain, Arpita Mutha, Dhaani Neel Desai, Diya Sethi, Diya Balne, Hetal Parag Patil, Jenisha Ghosh Jui Anand Pandit, Neeharika Raviraj Nayak, Preeti Shah, Sanvi Vummudi, Sara Srivastava, Sejal Parag Patil, Sushila Kaur Kapoor, Tamanna Hope, Vayikra Sunil.

Teacher-Suruchi Saxena

Comperes-Diya Sethi , Neeharika Raviraj Nayak.

(2)SARASWATI VANDANA

Description:

Saraswati is the Goddess of knowledge, music, art, speech, wisdom, and learning. Chanting her praise strengthens attention to detail and memory power. It also helps in enhancing your speech and communication powers.

Performers-Akshara Saragadam, Arohi Jain, Arpita Mutha, Jenisha Ghosh, Preeti Shah, Sathvika Pratapa, Sejal Parag Patil, Tamanna Hope, Vayikra Sunil.

Teacher-Suruchi Saxena

Compere-Sara Srivastava

Description:

A semi-classical film song used in both films Malhar (1951) and Barsaat ki Raat (1960). This modern version is by Bageshree Vaze. The soothing sound of rain can help lower our heart rates, reduce cortisol levels, and promote a sense of calm. By immersing ourselves in the tranquil world of rain brings sound sleep, we can let go of our worries and embrace a blissful state of relaxation.

Performers-Arohi Jain, Arpita Mutha, Dhaani Neel Desai, Jenisha Ghosh, Jui Anand Pandit, Sanvi Vummudi, Sara Srivastava, Sejal Parag Patil, Vayikra Sunil

Teacher-Suruchi Saxena

Compere-Dhaani Neel Desai

(4)SHIV TANDAV

Description: *Shiva Tandava is described as a vigorous dance that is the source of the cycle of creation, preservation and dissolution. There are innumerable benefits of chanting or listening to Shiv Tandav. It confers one with immense power, beauty, and mental strength.*

Performers-Dhaani Neel Desai, Diya Sethi, Diya Balne, Hetal Parag Patil, Jui Anand Pandit, Neeharika, Raviraj Nayak, Sanvi Vummudi, Sara Srivastava, Sushila Kaur Kapoor.

Teacher-Suruchi Saxena

Compere-Diya Balne

(5)TARANA**Description:**

Tarana is a type of composition in Hindustani classical vocal music in which certain words and languages e.g. "Odani", "Tana Dere Na". "Tadeem" and "Yalali" based on Persian and Arabic phonemes are rendered at a Madhya Laya (medium tempo) or Drut Laya (fast Tempo)

Performers-Diya Sethi, Diya Balne, Hetal Parag Patil, Neeharika Raviraj Nayak, Sushila Kaur Kapoor.

Teacher-Suruchi Saxena

Compere-Hetal Parag Patil, Sushila Kaur Kapoor.

7.Chief Guest

We are delighted to welcome Dr. Frank Denyer, Composer, Musician, and Ethnomusicologist as Chief Guest who will address the audience and students.

8.Pandit Sharda Sahai Award.

The Award Ceremony will be presided over by Dr Frank Denyer. The awardees are:

(1) Clive Bell (posthumously) for outstanding contribution to Indian music and performing arts in the UK. Rahul Karurkar-senior disciple to accept on behalf of Clive's sister, Ruth Karin Neilson.

(2)Clem Alford (Sitar) for outstanding contribution to Indian music and performing arts in the UK.

9.Tabla

GARBA FEVER

Description:

A performance showcasing gujarati garba music. Garba is a traditional folk dance from Gujarat which is mainly performed during Navratri, the autumn festival. It's so lively that it is now performed at any special occasion. Today our students will perform a piece to embody the spirit of Garba.

Performers-Akshath Pandugala, Alaksh Narshi, Anay Chauhan, Anay Swapnil Ruparelia, Ayush Thakker, Charan Shah, Chetan Narshi, Diyan Neal Rajdev, Issa Ali, Jaydev Sachin Vaghela, Keertan Shah, Keyan Patel, Krishang Upadhyay, Malvika Halai, Maneet Kayale, Prasit Shanker, Priyan Kerai, Quito Yuvan Mistry

Teacher-Sachin Khetani

Compere-Aarush Bhide

~INTERVAL~

10. PRSSV Award for Voluntary Service 06

The Award ceremony will be presided over by Mr Chiman Patel (Chair of PRSSV trustees). The four recipients of the Award for service to Dhol2Dhol are:

Arun Patel, Hiren Patel, Ram Patel and Vinay Mepani.

Dhol2Dhol is a school made up of experienced Dhol players and It focuses on providing top musical tuition for its students at all levels. It has developed a unique method of teaching the Dhol and how rhythm works. Dhol2Dhol was founded by the versatile musician Jay Mistry Pisavadia along with Dhol players Raj Kukadia and Vinod Kerai in 1999.

11. Tabla

DOJA

Description:

Doja is a song by Central CEE, a British Rapper. Here, the song is being used as the background to tabla sounds.

Performers-Aaditya Vora, Aarav Viresh Chandarana, Akshay Mandalia, Arya Kedar Mahajani, Dayna Jadva, Dhilan Kalpesh Davdra, Dhruv Patel, Eshaan Chauhan, Ishwari Pandya, Khayal Halai, Nayna Pandya, Omkar Dhananjay Vaidya, Pranav Parmar, Pranay Pindoria, Rahul Majevalia, Rikesh Anil Poonja, Rohan Tanna, Shaunak Gupta, Shayan Amin, Viyan Varsani, Rahul Dhamecha

Teacher-Sachin Khetani

Compere-Krishnang Upadhyay

12. Tabla - SKLPC

EXPLORING TABLA RHYTHMS

Description:

Exploring rhythms in Teental and also reciting what they will play in the correct timing. Reciting composition plays a vital role in the student understanding and embedding the music.

Performers-Anya Limbani, Deyaan Bhudia, Kaiyan Madhaparia, Nayen Jesani

Teacher-Chiman Patel, SKLPC

Compere-Rohan Tanna

13. Bansuri

RAGA JOG - MADHYA AND DRUT TEENTAAL

Description:

This performance is led by the Bansuri teacher Prayag Kotecha. Starting with an Alaap, followed by Jhala and a Bandish- Ja ja re apne mandirwa. During this Bandish, there will be Saval Jawab (question-answer).

Performers-Ishaan Shah, Prayag Kotecha

Accompanied on tabla by Manav Bhatt

Compere-Omkar Vaidya

14. Mridangam - P. Ramachandra

CARNATIC RHYTHMS - TALA VADYA KUTCHERI

Description:

Tala Vadya Kutcheri literally translated means 'rhythmic instrumental musical session', in Kannada. The mridangam is a percussion instrument of ancient origin. Often connected to Ganesha and Nandi, who is said to have played it during Shiva's Tandav Dance. It is sometimes believed that the tabla was created splitting the mridangam in half to make it easier to play. It is the primary rhythmic accompaniment in a Carnatic music ensemble.

Performers-Aadityaa Sivaprakash, Akshay Kilambi, Kailan Nadarajah, Pramath Deepak, Pranav Bharadwaj, Sathvik Rao

Teacher-Prathap Ramachandra

Compere-Dhilan Davdra

15. Tabla

ANCHOR POINT

Description:

This is an electronic genre song by Ahmed Spins debuts on MoBlack, together with legendary Kologo maestro Stevo Atambire and South African songstress, Lizwi. Here it's being used as the background to our students' prowess on the Tabla.

Performers- Jaian Saunders, Jaiden Dave, Manav Bhatt, Rohan Ketan Varia, Vyan Halai

Teacher- Sachin Khetani

Compere- Rahul Dhamecha

16. Kathak

(1) ANGAVYAS

Description:

This is a technical piece showing some basic Kathak movements and compositions.

Performers- Arita Goyal, Rashmi Patil, Supriya Ainapur

Teacher- Shreetama Mukherjee

Compere- Shona Priyadarshini

(2) KRISHNA THUMRI - LAPAK JHAPAK

Description:

This is an expressional Kathak piece with a Kavita (poetry), showing the love between Radha and Krishna, performed by Arita followed by a few of the younger students depicting the playfulness of Lord Krishna.

Performers- Arita Goyal, Deeya Jagani, Ilina Mukherjee, Nikin Akuthota, Reyna Shah.

Teacher-Shreetama Mukherjee

Compere-Shona Priyadarshini

17.Kathak

(1) SRI RAM CHANDRA KRIPALU BHAJAMAN

Description: *This is a Stuti to Lord Ram which is sung to find peace in our daily life. It was written by TulsiDas, a poet from the 16th Century. He was a devotee of Sri Ram, best known for Ramcharitramas and Hanuman Chalisa.*

(2) MOHE RANG DO LAAL

Description:

This is a thumri, written by Pandit Bindadin Maharaj, from Bajirao Mastani, choreographed by Birju Maharaj and sung by Birju Maharaj and Shreya Ghoshal. It's a song that Radha sings to Krishna, asking him to colour her red, with his love. But Krishna covered her in green, making her cheeks go pink with shyness. Today's dance has been choreographed by Kakoli Mishra.

Performers-Anshi Sudan, Koyna Chitnis, Saysha Choksi, Shona Sharma, Shuhani Bhutoria.

Teacher-Kakoli Mishra

Compere-Shona Sharma

18.Kathak

KATHAK LIVE

Description:

This performance is with live music and is Todas in Teental and Jhaptal

Performers-Akshara Saragadam, Arohi Jain, Arpita Mutha, Dhani Neel Desai, Diya Balne, Diya Sethi, Hetal Parag Patil, Jenisha Ghosh, Jui Anand Pandit, Neeharika Nayak, Preeti Shah, Sanvi Vummudi, Sara Srivastava, Sejal Parag Patil, Sushila Kaur Kapoor, Tamanna Hope, Vayikra Sunil.

Accompanied on Tabla by Nayna Pandya, Vyan Halai

Teacher-Suruchi Saxena

Compere-Jui Anand Pandit



ACKNOWLEDGEMENTS

We could not bring this production to you without the help and guidance of:

- Our dedicated Sangeet College teachers and assistants:

Kakoli Shankar Mishra (Kathak), Prayag Kotecha (Bansuri), Ishaan Shah (Bansuri), Sachin Khetani (Tabla), Shreetama Mukherjee (Kathak), Suruchi Saxena(Kathak)

- All the parents and students for their commitment to the arts
- All volunteers for helping to make this event possible including:

Gopal Pindoria, Jitesh HalaiKirti Vaidya, Nalin Dhamecha, Parinda Kapadia, Pranav Kapadia, Rabinder Kayale, Reena Rajdev, Rita Dhamecha, Ritu Shaker, Ruby Layale, Sonia Hassanali, Sampath Marakkala, Vandana Bhinde, Varsha Halai

Our thanks also to the sponsors:

SCALA, St. Mary's University, Twickenham
NATURAL FLAVOUR, Milton Keynes

PARAMPARA TEAM 2024

Abhinav Shankar - lighting design

Chelsea Persad - Social and Digital Communications

Anjan Saha - Heritage Curator and Compere

Chiman Patel - Chair of Trustees

Divyanand Caird - Event Curator

Frances Shepherd - Director and Lead Teacher

Harsa Dhanjee - Event Co-ordinator and Compere

Sivarasa Visakan for Visual Presentation

**A special thank you goes out to all Harrow Arts Centre
staff and technicians**

The Phoenix Company



Aditi Maithreya is a designer, writer and creative force behind the Phoenix Company.

The Phoenix Company includes apparel ranging from elegant and stylish dresses to organic, handwoven sarees. Every product sold by us is of high quality and falls within an affordable price range. Our products are created with utmost care and thought. We strive to support indigenous weavers and craftsmen from different parts of India and bring you the choicest merchandise. All fabrics used are cruelty-free and all of our attire, except for the unisex graphic t-shirts, is exclusive.

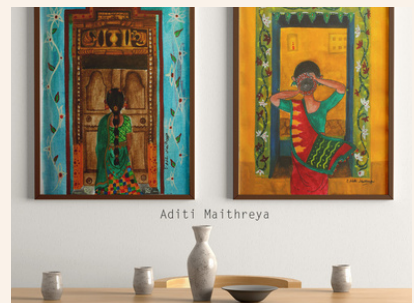
The Phoenix Company:

www.thephoenixcompany.in

Instagram: www.instagram.com/phoenixinindia

Facebook:

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Learn Music & Dance with Us!

Sangeet College is a unique centre of learning for Indian Classical Music with its strong sense of community which provides an inspiring environment for students to learn from teachers as well as each other. The college offers Kathak, Tabla, Harmonium, Flute (Bansuri) to both children and adults. We recently started Folk, Bollywood and keep fit Bollybics dance classes. The class sizes are small and cater for all abilities and ages.

Why Choose Sangeet College?

We have over 35 years' experience of teaching Indian music and Dance in the UK and have had students perform at venues across London including the Southbank Centre, London Mela and Abbey Road Studios.

We have a structured learning programme with an ethos of "learning through doing" enabling students to hold regular concerts using the latest technology.

We have combined the best of Indian traditional teaching techniques and applied those to a modern context where a student can achieve a recognised qualification in their chosen discipline.

We are a 'not for profit' registered charity. Donations received are used to help students fund their classes.

**For music and dance lessons please contact 02085741202 or
www.prssv.org**

CONTACT US



First Floor, Dominion Centre & Library
112 The Green, Middlesex UB2 4BQ
(Line open: Monday to Friday, 10am to 4pm)
T: 020 8574 1202
sangeetcollege@prssv.org



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